



the disability foundation
the holistic health charity for every body

THERAPISTS – JOIN OUR VOLUNTEER TEAM!

Are you a practitioner in complementary or wellbeing therapy?

Do you want to do something that makes a real difference to peoples' lives?

Do you want to gain vital skills and experience in a health setting?

Do you want to be part of a small caring team?

Are you insured and qualified?

About TDF (The Disability Foundation)

Based in the grounds of the Royal National Orthopaedic Hospital (RNOH) Stanmore for 25 years, TDF offers a wide range of self-care, relaxation and holistic therapies to anyone affected by disability or chronic/complex medical conditions (both seen & unseen, temporary & permanent), their families, all carers & care workers and the NHS. We have a centre with five therapy rooms and we also work in partnership with other hospitals, hospices, charities and support groups offering wellbeing services to both patients and staff. TDF receives very little statutory funding and survives mainly on donations; however our work is important and transformational and our patients often call us their safe haven and lifeline to wellbeing.

Why Volunteer at TDF?

TDF Volunteer Therapists play a vital role in this special charity and volunteering with us is an ideal opportunity to gain experience in a clinic setting, make a difference to peoples' lives and have an impact on the community around you. We are looking for kind, dedicated, caring individuals who are committed to making a difference. We have opportunities in all disciplines both for in person and online appointments at our covid secure therapy centre. We also have a growing need for therapists who are interested in working within the local community and with our partner organisations. Volunteering with us gives excellent opportunities to gain experience and knowledge with a wide patient group who have a huge variety of health conditions and health backgrounds, whilst at the same time being supported by a professional and experienced team. All appointments are carried out within professional guidelines. In addition, all on-line work is conducted through TDF's monitored Zoom/Teams accounts.

What TDF can offer you as a Volunteer Therapist

- Mentoring and support from TDF's experienced team.
- An admin and booking service provided (appointments, consultation sheets, consent forms, covid screens).
- Future paid opportunities for outreach work in care homes, hospices and hospitals and at wellbeing events.
- Treatment room, PPE and supplies.
- Safeguarding training and other training as and when required.
- Travel expenses paid up to £15.00 per week.

A day in the life of a TDF Volunteer Therapist

You will arrive at the centre 15 minutes before your first booking in plenty of time to set up your room and read the client notes, having been informed the day before how many clients have booked with you. Each treatment is 45 minutes long and includes time for the client to get treatment-ready and for you to go through their consultation. You will have 15 minutes between appointments to re-set. Your client might be someone you have seen before or someone brand new to you or to the charity. Most clients come regularly - once a week or month – and therapists enjoy seeing their progress and how they are making a difference. At the end of the treatments and in line with covid protocols, you will sanitise the room and write up your client notes. TDF keeps all notes in a secure storage system in line with GDPR and Data Protection so you can confidently hand everything to the Reception Team. Therapists say that the best thing about being at TDF is that there is a supportive team to help you if you have any concerns. Some weeks you may be asked if you would like to participate in a wellbeing event at a different venue and there are often openings to get involved in outreach with partner organisations if that is something that would interest you. Most of all TDF Volunteers really enjoy the varied work that being part of Team TDF brings, as well as the value that is now given to being part of a team that delivers quality wellbeing and complementary therapy care to the communities that need them most. The opportunity to work in a multi-disciplinary team with other therapists is also appealing.

What do we need from our Volunteer Therapists?

- Availability of one session per week (a session is a morning or afternoon, Monday to Friday).
- Willingness to make a commitment of six months or more, a commitment to timekeeping and customer care.
- An interest in health care, wellbeing, self-care and complementary therapies.
- Satisfactory references and an Enhanced Disclosure & Barring Service (DBS) certificate (organised and paid for by TDF).
- A pleasant manner, good verbal and written communication skills, attention to detail and a respect for confidentiality.
- Please note that TDF encourages all its team and its members to be covid vaccinated (unless exempt) due to our location on a hospital site and TDF will enquire about your vaccination status as part of the application process, Vaccination is not however compulsory and being unvaccinated is not a barrier to becoming a volunteer at TDF.

***We are currently particularly interested in hearing from practitioners
who offer:
massage, reflexology, osteopathy, cranio-sacral, podiatry or
counselling***

How to Apply

Please email info@tdf.org.uk and tell us what therapy you practice and why you are interested, with your CV if available.

How to get to TDF

Address: The Disability Foundation, based at RNOH, Louis Fleischmann Building, Brockley Hill, Stanmore, HA7 4LP.

Telephone: 020 8954 7373.

Travel: Travel expenses are paid to all volunteers. There is free parking on site. If you use public transport you can get to

TDF from Stanmore Underground Station (Jubilee line). There is a free RNOH Courtesy Car Service (Bus Stop A). The service runs Monday to Friday every 15 minutes from 6am to 8.45pm. Ask for the Orthotics Department drop off point. TDF is across the road, in the same building as the Prosthetics Department. Alternatively, you can also take the 324 Bus

- the route is along London Road and then up Brockley Hill to the RNOH Main Gates. Journey time approx 20 minutes.

OR from Edgware Underground Station (Northern line) take the 107 bus to the RNOH Main Entrance Gates. NOTE: it is a ten minute walk through the hospital site to TDF's Centre.

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